# Adventure Pak

SEDONA





# Make an Adventure Pak Short Cut

Want the Adventure Pak on your cell phone home screen for easy access?

Just follow these quick steps:

- 1. Upload the PDF to Google Drive
- Click the **3-dot menu** in the top right corner
- 3. Click add to home screen



# Google Map

A custom Google Map with some stand-out spots.

To save this on your Google Maps:

- Click the QR code, this will open the list in Google Maps
- Click the Save button on the left-hand side



Click for map



#### Fay Canyon

#### 2.3 miles round trip // best for canyon views

This sandy flat trail is easy and beautiful. It's got some nice shady spots and you get some peak-a-boo views of the surrounding red rocks.

Once you hit the sign that says 'end of trail' you'll see a rock covered hill. You can scramble up this section to explore. It's not a very challenging scramble and the stunning views of the canyon make it more than worth it.



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#### Doe Mountain Trail

#### 1.5 miles round trip // best for a picnic

Doe Mountain trail is short and not too technical. Once you reach the top of the mesa, you're rewarded with breathtaking views from all sides. There are plenty of places to have a picnic or simply enjoy the views and watch the clouds go bu.

It's also less than a mile away from Fay Canyon, so you can hit both in one day.



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# Airport Loop Trail

**3.2** miles round trip // best for sunset views The sweeping views of the city and iconic rock formations like Thunder Mountain, Bell Rock, Courthouse Butte and Cathedral Rock make this a great hike to add to your Sedona list. It's a bit of a rocky trail, so you might want to bring your walking sticks if you have them. If you don't, don't worry - it can be done without them

It's a perfect place to watch the sunset, so plan your timing accordingly and make sure to bring a headlamp or flashlight in case it takes a little longer than expected to make it back to your car.

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### Margs Draw Trail

**3.2 miles round trip // best for city views**One of the amazing things about Sedona is that the city is nestled so closely to the stunning red rocks and Margs Draw Trail really showcases that

To the north, you'll get sweeping views of the city and the beautiful rocks that surround it. As you hike south, you'll get up close and personal with Snoopy and Camel head rock.

The trail ends in the same lot as the <u>Broken Arrow Trail system</u> so you can easily string a couple of trails together if you're looking for an all-day adventure.



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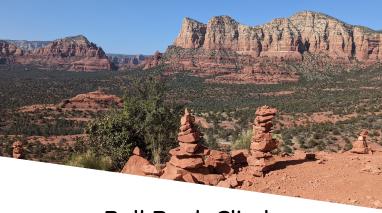
# Courthouse Butte and Bell Rock Loop

3.9 miles round trip // best flat hike

This mostly flat and sunny hike gets you up-close and personal with the beautiful and iconic Bell Rock and Courthouse Butte rock formations.

It's a pretty easy trail so it's great for all skill levels and the views are breathtaking. If you're looking for a little adventure, this trail leads to the Bell Rock climb where you can scramble up Bell Rock.

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#### **Bell Rock Climb**

0.8 mile climb + walk in // best for off trail Bell Rock is home to one of Sedona's energy vortexes, or energy centers, often used for spiritual rituals, self-reflection and healing, making it an extra magical place to visit. The vortex is towards the top of Bell Rock, so the higher you climb, the more intense the energy is.

You can access the climb from Courthouse Butte and Bell Rock Loop. The first section of the trail is well marked, but soon the markings fall away and you're left on your own to pick the best path to scramble up Bell Rock. And it's a blast. You and uour fellow scramblers pick their way up the rock and are rewarded with beautiful, sweeping views.



# Munds Wagon Trail, Cow Pies and Hangover Loop

#### 8.2 miles round trip // best for red rock views

This trail system is on the longer and more challenging side, but the 360-degree views from the top are absolutely breathtaking. Since it's a loop, you get to decide if you want to start with Hangover or Cow Pies trail. We recommend starting with Hangover, but both ways have their perks.

Once you make it to the top, you have plenty of places to sit and enjoy the fruits of your labor.

Bring a lunch and a beverage to enjoy while soaking in the views while watching the mountain bikers make their way up and down the mountain.



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## Sedona Pledge

With so many people flocking to bask in the beauty of Sedona, it's imperative that each of us are responsible and care for the land and communities that surround it.

The Sedona Pledge makes 9 specific requests of each of us to ensure the magical views and vibes in Sedona are celebrated and preserved.



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#### **Biocrust**

With so many visitors coming to experience the ethereal lands every year, it's important to protect and preserve it by minimizing your impact as much as possible. Practicing the 7 <u>Leave No Trace Principles</u> ensures the land can thrive and everyone can enjoy the mystical area that is Sedona.

All the principles are important - but in Sedona, pay extra attention to Principle 2: Travel & Camp on Durable Surfaces. In the desert, microbiotic crusts form to help control erosion, preserve water and fertilize the soil. At first glance these can look like crusty, dry soil, but it's actually a living web of bacteria and microscopic organisms.

These important ecosystems grow slowly and one miss step off-trail can destroy a decade's worth of growth. So while you're out, stay on the trail to help protect an important part of Sedona's ecosystem.

#### **Trail Markers**

Because of the unique rocks that make up many of the trails, the trail markers may be a little different than you're used to.

In Sedona, two of the main ways trails are marked is with caged rocks and painted markings.

Some trails are marked better than others, so make sure you download the AllTrails map or take a picture of a trail map before heading out in case you get turned around or lose service.







### **Energy Vortexes**

Energy vortexes are hubs that hold heightened energy levels. These energy hubs are thought to energize, inspire and promote self-exploration and healing.

#### The energy in vortexes moves in one of 3 ways

- Up flow energy (masculine) supports big-picture perspective and problem solving
- Inflow energy (feminine) supports introspection and contemplation
- 3. In and up flow energy (neutral)

Sedona has an unusually high number of vortexes and is one of the few places in the world that possess all 3 types of energy. Get out there and experience it for yourself by hiking, meditating, journaling or just being in the area.

#### Best known Sedona energy vortexes

- Cathedral Rock: inflow energy (feminine)
- Bell Rock: up flow energy (masculine)
- Airport Mesa: up flow energy (masculine)
- Boynton Canyon: in and up flow energy (neutral)



#### **Beaver Creek**

Wet Beaver Creek is a prime spot to chill the day away. There is a parking lot very close to the water, so you only have a short distance to walk to make it to the water. And in the day use and picnic area there are bathrooms, charcoal grills and picnic tables.

To get down to the water you have to walk down rocky, unpaved trails, so keep that in mind when you're packing your goodies. One of the best things about this watering hole, is the number of different areas you can hang out in. If you're feeling social, there is a large rocky area, with a deep pool of water (maybe around 7 feet) where people tend to congregate, swim and sun bathe. If you're looking for something a little more secluded, you can find some quieter areas with slow moving water.

some quieter areas with slow moving water and nice flat rocks just a short walk away. Regardless of what part of the creek you end up in, you'll find cool, clean water and big, chunky red rocks prime for sun bathing and chilling.



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#### **Buddha Beach**

This hidden oasis takes a little walking and work to find, but once you're there it's absolutely magical. Aptly named, this gorgeous red sand beach is the perfect place to find your bliss. Since it's near the Cathedral Rock / Red Rock Crossing vortex this is the perfect place to recharge and decompress. This specific energy vortex is known as an inflow area that brings fierce feminine energy, and can elicit feelings of softness, compassion and receptiveness. And while the weekends get busy (like most places in Sedona), during the week you can find some peace and quiet.

In addition to the sandy shore, there is a stack of rocks in the creek creating a very zen water fall and a great spot to sunbathe. This section of Oak Creek is pretty shallow so it's a good spot to dip your toes... or bum... in the water. And if you decide you want to explore a bit, there are other dreamy areas on the water and a handful of trails to explore, all bringing their own special charm and zen vibes.

To get here, park at <u>Crescent Moon Picnic Site</u>. After paying the parking fee, head North and walk along the paved path. It will become a gravel trail as it follows the steam to the beach.



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#### Oak Creek

Just about anywhere you can find a pull-off along Oak Creek Canyon you can find a place to hop in the water and cool off. One of our favorite spots for this is right by Manzanita Campground.

This lazy river spot is flanked with massive red rocks and is home to a sandy little spot perfect for lounging and dipping your toes in the water.

It's one of our favorites because it's close to many good things, making it simple to have a day chock-full of adventure. You could swing by <u>Slide Rock State park</u> to meander down their natural rock slides, drive the Oak Creek Canyon Scenic road to soak in the views, stop in to <u>Indian Gardens</u> to snag river essentials (like drinks, snacks and food) or have a meal on their beautiful patio, and pick up one of the many nearby trails.



# Tlaquepaque Arts & Shopping Village

You could spend all day wondering this adorable areas' shops, noshing and enjoying the galleries and garden.

#### Standout shops

Ninibah authentic Native American jewelry, Kachina dolls, sand paintings and pottery

<u>Environmental Realists</u> a legacy specialty shop with beautiful handcrafted products from over 120 craftspeople

#### Exceptional galleries

Rowe Fine Art Gallery an organic spot that celebrates the animals that call the Southwest region home

<u>Navarro Gallery Fine Art</u> this gallery and outdoor sculpture garden features over 90 bronze sculptures

<u>Mountain Trails Galleries</u> is an eclectic space that show cases a wide variety of artists

#### Delectable eateries

El Ricon serves great margs, Mexican food and music

 $\underline{\text{Vino Zona}}$  is perfect for a glass of wine

<u>Chai Spot</u> has traditional chai beverages and colorful goods



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# Village Gallery of Local Artists

This Oak Creek collective features almost 40 local artists across a wide range of mediums. They have everything - large paintings and prints, small prints and postcards, jewelry, clothes, ceramics, home decor and so much more.

This is the perfect place to stop if you're looking for unique, approachable and local art that's inspired by the Sedona area.



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# Rowe Fine Art Gallery

Located in the <u>Tlaquepaque Arts & Shopping</u> <u>District</u>, this gallery has an impressive sculpture collection in addition to paintings and jewelry.

The space feels organic and celebrates the animals that call the Southwest region home. And as an added bonus, it's not uncommon to see artist Ken Rowe here working on his latest creations.



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#### **Mountain Trails Galleries**

Located in the <u>Tlaquepaque Arts & Shopping</u> <u>District</u>, Mountain Trails Galleries is home to a wide variety of mediums and an array of artists.

It's a great place to wander and soak in all of the beautiful works. It's located on the second floor, so it's in the perfect spot to pair with some people watching.



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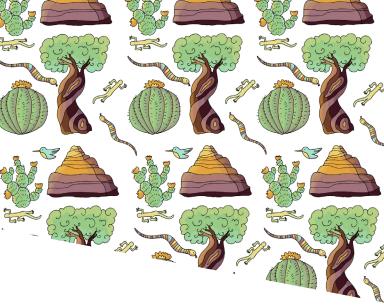


# Exposures International Gallery of Fine Art

This massive gallery is truly something special. Outside you'll find large sculptures and water features. Inside you'll find an array of large and small scale works across a variety of styles and mediums.



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# Sedona Swag

Bring a little part of the Sedona magic home with our exclusive merch featuring a print from local Sedona Artist Zoe Elle Vidgoff.



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### The Chai Spot

This beautiful shop is a love letter between founders Khalida and David and highlights the chai tea that helped make the merging of their families a reality.

Their shop, The Chai Spot, offers a wide and delicious range of traditional chai and handmade products. While you're in the <u>Tlaquepaque Arts & Shopping District</u> grab a cup of tea and explore their colorful spot.

50% of profits support women and children of Pakistan and 70% of products are handmade by rural women and men of Pakistan.



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#### El Rincon

El Rincon is a Mexican restaurant in the <u>Tlaquepaque Arts & Shopping District</u> serving a yummy menu of classic Mexican dishes and margaritas. Great for lunch, dinner or just a drink while pursuing the nearby shops and galleries.

During the summer, you'll find Flamenco
Music in the Courtyard from 5:30 - 7pm every
Sunday, Monday and Tuesday (weather
permitting). Check El Rincon's Event page
for the most up-to-date music
schedule and full event list.

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#### **Coffee Pot Restaurant**

This delicious brunch menu has all the classic staples including 101 omelets. The coffee flows freely in the indoor dining room and outdoor patio and the make your own mimosa set-up let's you get your perfect ratio every time.

There's also a cute gift shop that has goods from local artisans to keep you entertained while you wait (this spot is popular so it can take a while to get a table).



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#### Red Rock Cafe

The Red Rock Cafe has a laid back diner vibe, an extensive breakfast and lunch menu and generous portions.

From the massive cinnamon rolls, to Mexican dishes, to American classics, there's a mouth watering choice for everyone on this southwest inspired menu.

And it's centrally located, making it a great stop before you hit the trails for the day.



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### Mariposa

There is no shortage of breathtaking views in Sedona, and Mariposa's are some of the best.

This fine dining restaurant is perched atop a scenic bluff, has floor-to-ceiling windows and an expansive outdoor patio to ensure that every seat delivers panoramic views of Sedona's majestic red rocks.

Depending on your mood, you can easily do a proper meal here or a girl dinner of shared small plates, desserts and drinks.

Be sure to make reservations early, spots book up quickly and Mariposa is reservation only.

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## Dellepiane

This Oak Creek eatery has flaky empanadas, juicy burgers, fluffy yucca fries and a large plant based menu, ensuring there's something for everyone in your group.

They have indoor and outdoor seating and will often have musicians playing on the weekend adding to the vibe and entertainment.

<u>Decanter Tasting Room</u> is just a quick walk away and is a great option to kill some time if you do have to wait.

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### Rotten Johnny's

Boasting some of the best pizza in Sedona, Rotten Johnny's pies are wood fired perfection. They have a good mix of inventive and classic pizzas in addition to an array of appetizers, salads, sandwiches and desserts.

And with frequent live music and impressive wine, cocktails and beer list, Rotten Johnny's is always a good idea. With it's an intimate dining area and popular carry out services, it gets busy so if you're on a time crunch call ahead to get an estimated wait. Decanter

Tasting Room is just a quick walk away and is a great option to kill some time if you do have to wait.

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#### The Verde Wine Region

One of three wine-growing regions in Arizona, the volcanic soil and high elevation near Sedona is perfect for Cabernet Sauvignon, Merlot, Chardonnay, and Malvasia Bianca (a sweet white wine) varietals. And with all the tasting rooms in the area you'll find all kinds of options including Petite Sirah, Sangiovese, Malbec, Chardonnay and Sauvignon Blanc.

The Verde Valley Wine Trail is a cluster of award winning wineries, vineyards and tasting rooms around 25 miles southwest of Sedona. With the Verde River winding through, vineyards dotting the hills and red rocks looming in the distance it's a beautiful place to enjoy a glass (or 4) of vino.

#### Wonderful Wineries

Page Springs Cellars for it's beautiful grounds

<u>Javelina Leap Vineyard</u> for their award winning wines

Oak Creek Vineyards & Winery for their pet and kid friendly patio



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# Page Springs Cellars

The expansive grounds at Page Spring Cellars are absolutely beautiful. There is no shortage of outdoor spaces to enjoy a glass of wine and good company. They even have a deck overlooking the Oak Creek River adding to the relaxation and ambiance.

They offer a variety of juicy wine options, a food menu, guided tours and creekside yoga.



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# Javelina Leap Vineyard

This award winning, family operated winery offers generous flights and a variety of options.

Their tasting room has both indoor and outdoor seating and is located in their fully functional vineyard and winery where all their harvested Arizona grapes are pricked and processed.



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# Oak Creek Vineyards & Winery

This vineyard and winery has a large, open patio and serves up a variety of flights, glasses, bottles and small plates.

They are dog and kid friendly, so it's a great place to go when the full family wants to be included in the fun!



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### Decanter Tasting Room

This Oak Creek tasting room has a wide variety of tasty local and global wines. They offer flights, glasses and bottles as well as customizable charcuterie and cheese boards.

It's located in The Collective Sedona with restaurants like <u>Rotten Johnny's</u> and <u>Dellepiane</u> so it's a great pre or post dinner option.



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#### Vino Zona

This cozy wine tasting room is homey and intimate. Located in the <u>Tlaquepaque Arts</u> & <u>Shopping District</u>, it's the perfect place to stop for a glass of wine and a break from the stores.

Their menu is always evolving, and the staff does a great job matching you with the wines that fit your tastes and preferences.



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# Sedona's Center for the New Age

The Center for the New Age is home to around 20 professionals offering psychic readings, reiki healing and aura photos. Their website lists detailed bios on each professional to help you pick the one that's perfect for you.

They also have a robust offering of crystals, books and music to help increase your awareness and support your journey.



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### Pink Jeep Tours

Pink Jeep Tours are a unique way to get out and explore the area. They offer several offroad adventures that range from mild (on paved roads) to rugged (where you bounce around on unpaved trails).

Broken Arrow is their flagship tour and is still one of their most popular. This rugged trip is very bumpy and has some steep inclines that will have you shocked at what these cute pink Jeeps can do.

Regardless of the route you pick, the tour guides are knowledgeable and the views are stunning.



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# Red Rock Loop Road

This windy, scenic drive is a paved <u>12-mile</u> <u>loop off of 89A</u> and offers surreal views of the surrounding red rocks.

You can expect scenic vistas and pullovers, like <u>Lover's Knoll</u> (where you'll often catch weddings), with unparalleled views of Cathedral Rock. You can head to <u>Crescent Moon Picnic</u> Site to take a dip in Oak Creek or hit the trails at <u>Red Rock State Park</u>.

It all depends on how many stops you take, but many take around an hour.

Make sure to carve out more time if you want to have a picnic or go for a hike.

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# Oak Creek Canyon Scenic Drive

An out-and-back 20-mile scenic drive along Oak Creek Canyon. This area of Sedona provides a wooded respite from the red rocks that dominate Sedona's landscape.

On your way you'll pass pull-offs, many with river access. You'll also pass Indian Gardens which is a great spot to grab a bite to eat. If you want to add a little extra adventure to your drive be sure to stop at Slide Rock State Park to zip down the natural water slides.

Plan for about 90 minutes before stops.

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# Desert Canyon Loop Scenic Drive

Unlike the other scenic drives on our list, FR 618 is a gravel road, so it can get bumpy. But as long as it's dry it's OK for passenger cars (but it can be slippery when wet).

Since it's through Sedona's high desert, it's a great choice if you want to experience a different side of this gargeous city.

Beaver Creek Picnic and Day Use area and

hikes are on the route as well as <u>Montezuma's Well National</u> <u>Monument providing plenty of</u> options for a full day of fun.



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### Dark Sky Community

Dark Sky Communities are those that intentionally reduce light pollution. In Sedona, the number of illuminated signs and porches are limited resulting in darker skies.

In addition to a host of other wonderful benefits, this makes for epic star gazing. It also makes the full moon light feel more pronounced as is reflects off the red rocks that surround the city.